# 主日学家庭反馈单

**我想像耶稣一样** 第4课 活祭

#### 写给父母:

这张反馈单让您知悉您的孩子今天在主日学所学的内容。包含"牢记神的话语",一个建议的活动来巩固课程内容, 还有一个简短的祷告。参与以上内容,并和孩子交流,对您和孩子都会非常有益。



### 所学内容:

在今天的课程中,孩子们学习到,要想像耶稣一样,就必须将自己完全献给神,成为祂所悦纳的祭物。正如耶稣为我们的罪献上自己的生命,使我们可以得着永生,我们也要成为"活祭",是圣洁的,并蒙神喜悦。(使用经文:罗马书 12:1-21)



### 牢记神的话语:

所以你们要效法神,好像蒙爱的儿女一样;也要在爱里行事为人,正如基督爱我们,为我们舍了自己,作供物和祭物献与神,成为馨香之气。-以弗所书 5:1-2

看看孩子对这节经文记得有多熟。请他们在这一周中多次重复背诵。



### 建议的亲子活动:

本周,请您和孩子一起在教会或社区中找到一个可以参与帮助他人的项目,即使只是几个小时也好。比如:为有需要的人提供食物、洗碗、收集衣物等等。完成后,与孩子讨论在服事他人的过程中所感受到的祝福,尤其是在不求回报的情况下。



### 每天的祷告:

亲爱的主啊,求祢帮助我像耶稣一样。我真心想成为一个谦卑的仆人,就像耶稣一样。我 真心希望我的生活能完全依靠祢,好让我能像耶稣一样去爱别人。主啊,我真心想将自己 献上,成为圣洁并讨祢喜悦的活祭,就像耶稣一样。阿们。

# SUNDAY SCHOOL TAKE HOME PAGE

### To parents:

This page lets you know what your child learned today in Sunday School. Included are "Words to Remember" from the Bible, a suggested activity to reinforce the lesson, and a short prayer. Being involved and interacting with your child can be very rewarding for both of you.



#### What We Learned:

Today's lesson the children learned that to be just like Jesus, they must give their whole self to God and become a pleasing offering to Him. As Jesus sacrificed His life for our sins, so that we may have everlasting life, we must also become "Living Sacrifices", holy and pleasing to God. (Scripture used: Romans 12:1-21)





"Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God." Ephesians 5:1-2 NIV

See how well you child knows this verse. Have them continue to repeat it several times this week.



### Suggested Parent/Child Activity:

This week, find a program in your church or neighborhood where you and your child can pitch in to help others in need, even if only for a few hours. Perhaps serving food to the needy, washing dishes, collecting clothes, etc. When finished, discuss with your child the blessings that were felt by serving others without expecting anything in return.



## Daily Prayer:

Dear Lord, help me to be just like Jesus. I truly want to be a humble servant, just like Jesus. I truly want to live my life depending on You for everything, so I can show love to others, just like Jesus. And Lord, I truly want to offer myself as a living sacrifice, holy and pleasing to You, just like Jesus. Amen.