

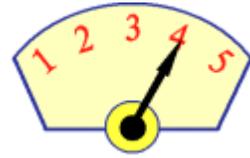
# 你是否自控?

说明:

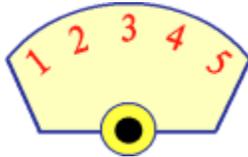
请画箭头表示你在以下事情上做到的频率, 其中:

1 代表「从不」 5 代表「总是」

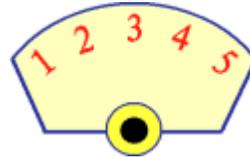
图例:



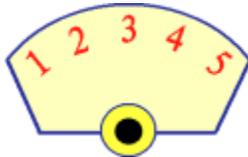
1. 吃太多糖



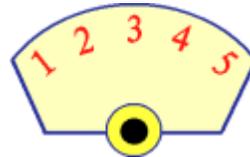
2. 每周去主日



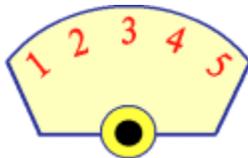
3. 顶嘴你父母



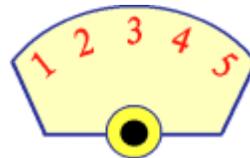
4. 考试作弊



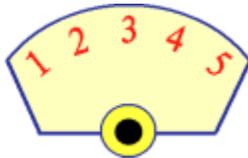
5. 说别人的坏话



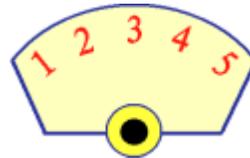
6. 看不适合小孩子的电影



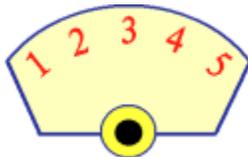
7. 睡得太晚



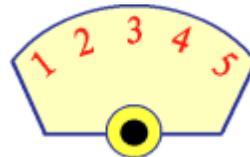
8. 对朋友发火



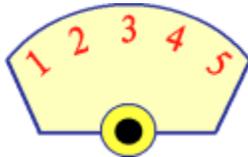
9. 每晚睡前祷告



10. 自己读圣经



11. 自觉打扫房间



12. 冲着兄弟姐妹大喊大叫

